

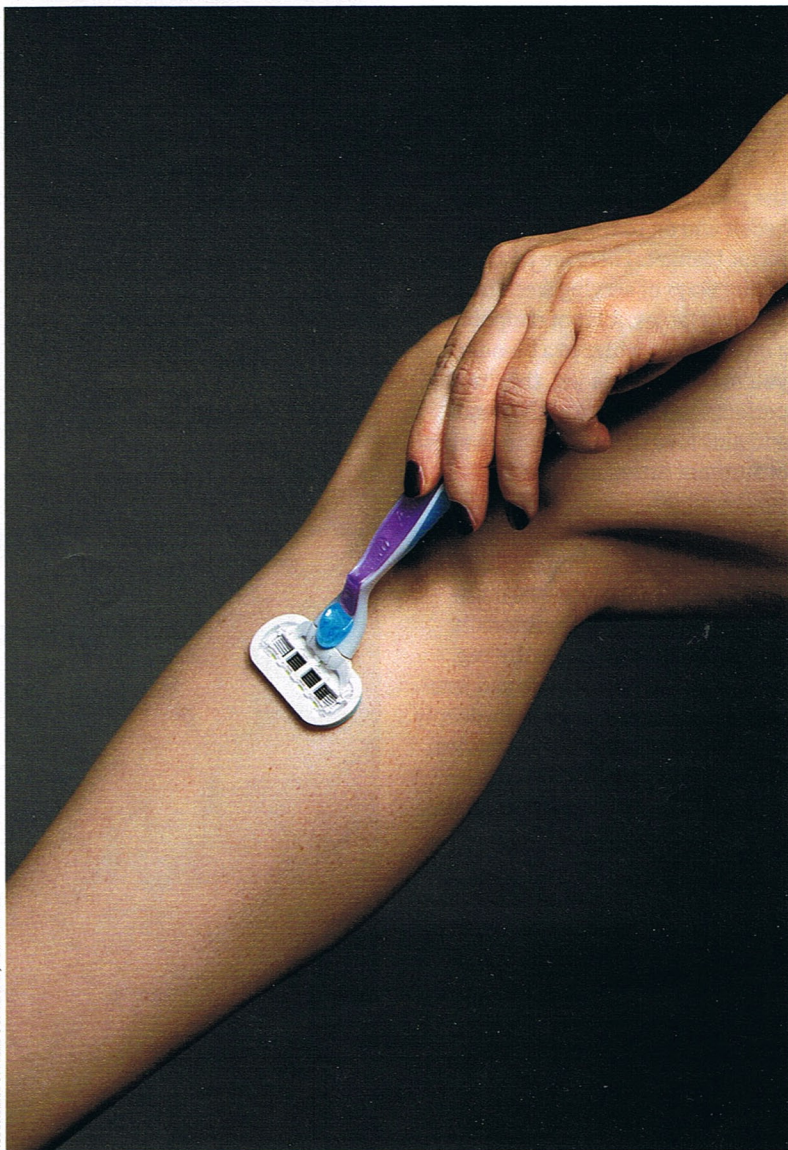
# Get the look

## Sali Hughes on hair removal

**H**air removal and its relation to feminism is always a hot topic, and I welcome the debate. But in the meantime, it's summer and few women want to walk around in a full-body merkin.

For legs, I favour shaving, because it exfoliates skin simultaneously, leaving them soft, smooth and flake-free, and also because I hate that in-betweeny stage when skin feels like Artex and hair is too short for waxing, but too long for public consumption. Razors should be sharp and hot from the water (you do get a closer shave in the bath, but who has the time for a daily soak?).

Waxing underarms seems a pointless waste of money, given that shaving takes five seconds. Taking a razor to your bikini line, however, is an insane move. Here, I recommend Veet cream, a good hot wax or an epilator. The word "epilator" understandably causes wincing in grown women who've given birth, undergone major abdominal surgery and endured tattoos. The originals were unbearable, but I promise they've changed. Braun's version, which I reluctantly tested for this column, is excellent. The first go hurts (no more than waxing, but the self-infliction makes it trickier). The second, less so. The third, barely at all. Neck a paracetamol or a finger of scotch first.



RUI FARRIA FOR THE GUARDIAN; ANDY HALL

### **Veet Sensitive Skin Hair Removal Cream**

£3.21, [boots.com](http://boots.com)  
This has come a long way, it seems, since I was a teen. Thorough, no-sting hair removal for face and bikini line.

### **Clinique Skin Supplies For Men M Shave Aloe Gel**

£13, [boots.com](http://boots.com)  
My favourite shaving gel. Lathers densely, pampers skin, lasts for ages and doesn't smell blokey.



### **Gillette Venus Embrace Razor**

(above), from £4.49, [superdrug.com](http://superdrug.com)  
The best razor I've tried. No silly bars of gel or glittery handle. Just good blades that stay sharp for several uses.

### **Braun Silk-épil Xpressive Pro**

from £88.46, [boots.com](http://boots.com)  
Wet or dry, removes hair quickly and relatively comfortably. Effects last three to four weeks.



### **Philips Lumea**

£400, [philips.co.uk](http://philips.co.uk)  
For "permanent" laser hair removal, I've seen good results with this. Spendy but hygienic; share the cost with friends.

### **Enzo bikini wax**

from £12, [enzohairandbeauty.com](http://enzohairandbeauty.com)  
Chantelle at Brighton's Enzo gives better bikini wax than anyone I know. Thorough, professional and almost painless.